This is a representative list of education and training offered by RISEWITHKJ,LLC

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| **RACE EQUITY BASICS** | **RACE EQUITY SUPERVISION FUNDAMENTALS** | **PROFESSIONALS OF COLOR** |
| Key concepts and foundational terms related to race equity, structural oppression, implicit bias and microaggressions | Strategies and activities necessary for real time growth in leadership. | This is a two-part series. Part one is specific to POC working in white dominant institutions. |
| Creating shared language | Leading from Within | **PART ONE** |
| 5 Levels of Race Equity  - Individual  - Interpersonal  - Organizational/institutional  - Community  - Structural | Systems Thinking  - Identification of race equity choice points in the continuum of work | Working from the Inside-Out  - Exploring the need for congruency of values and mission driven work  - Walking the talk |
| ADRESSING Model  - Social Identities  - Rank and Status  \*\*\*  This section is also offered as a stand-alone interactive learning module focused on exploring intersectional identities and institutional equity | Equitable Conflict  - Management of self  - Response | Radical Self Care as a POC  - accessible strategies to sustain self-care, prevent burn-out and support personal and professional growth. |
| Implicit Bias | Communication and Culture | The Only One  - Communication and conflict management for self-advocacy  - Building strength instead of burning bridges  - Knowing when its time to move on |
| Racial Anxiety/Stereotype Threat | Cross Identity Supervision  - Includes analysis and discussion on power, privilege and positionality |
| Microaggressions  - Interrupting  - Responding  - Recovery  \*\*\*  This section is also offered as a stand-alone skills-based training combined with communication and conflict management. | Anti-Indigenous/Black culture  - Characteristics of white supremacy  - Mitigation and Elimination |
| Equitable Meeting Facilitation | **PART TWO** |
| What’s Under the Iceberg  - Colorism  - Stereotype threat  - Racial anxiety |

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